

Refusal of Fitness Assessment

I _____ waive the right to participate in the Fitness Assessment that the company known as Fit2Be highly recommends each member to take. I do understand that the importance of taking such an assessment is to determine my present level of fitness and that the results from the test is to help me reach my physical fitness goals through designing a exercise program that meet my fitness needs. I understand that I have the right to participate in a Fitness Assessment at a later time and will be charged a \$10.00 fee at that time.

Participant's Signature _____ Date _____

Fitness Staff _____ Date _____